

CONNECTFIRST™

# 90-Day Behaviour Support Course

Practical learning. Real support.

A structured, relationship-based and NDIS-informed course for professionals preparing to enter Positive Behaviour Support through the New Entry Pathway.

| COURSE                                                      | COURSE + WEEKLY SUPERVISION                                                           |
|-------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <div>\$450</div> <div>12 weeks of structured learning</div> | <div>\$1,350</div> <div>Includes 12 x 30-minute individual supervision sessions</div> |

1 SEPTEMBER 2026 INTAKE  
PLACES ARE FILLING FAST

[www.connectfirst.com.au](http://www.connectfirst.com.au)  
[support@connectfirst.com.au](mailto:support@connectfirst.com.au) | 1800 246 808

# A supported pathway into Positive Behaviour Support

If you have been considering a career in Positive Behaviour Support, the September intake gives you a clear place to begin. The course bridges the gap between learning about behaviour and applying that knowledge in real practice.

Across 12 weeks, you will build foundational knowledge, work through practical examples and develop a stronger understanding of the expectations placed on Behaviour Support Practitioners working within the NDIS context.

## Who the course is designed for

- Teachers, educators and early childhood professionals
- Allied health professionals
- Disability support workers and disability-sector professionals
- Social workers, counsellors and psychology professionals
- Community services and human services practitioners
- Career changers bringing relevant experience from another helping profession

## The ConnectFirst™ approach

We understand behaviour in context. Training explores the influence of connection, regulation, communication, environment, unmet needs and quality of life. The focus is practical, reflective, neurodiversity-affirming, rights-based and person-centred.

You do not need to have everything figured out before you begin. The course is designed to help you organise what you already know, identify areas for development and translate learning into ethical practice.

## What you can expect to build

- A clearer understanding of Positive Behaviour Support and practitioner responsibilities
- Greater confidence approaching assessment and functional behaviour assessment
- Practical foundations for behaviour support planning
- Awareness of restrictive practice, human rights and ethical decision-making
- A stronger base for portfolio development and the next stage of your pathway

# What you will learn

- 01 Positive Behaviour Support principles**  
Understand the purpose, values and evidence base of Positive Behaviour Support.
- 02 Behaviour as communication**  
Explore what behaviour may communicate and how context shapes its meaning.
- 03 Neurodiversity-affirming practice**  
Support autonomy, identity, dignity and meaningful participation.
- 04 Person-centred and rights-based approaches**  
Keep the person, their preferences and quality of life at the centre of practice.
- 05 Human rights and restrictive practices**  
Build awareness of restrictive practice considerations, safeguards and reduction principles.
- 06 Functional Behaviour Assessment foundations**  
Learn the foundations of defining behaviour, collecting information and developing testable hypotheses.
- 07 Behaviour Support Plan development**  
Translate assessment information into practical, proactive and responsive support strategies.
- 08 Ethical and professional responsibilities**  
Consider scope, evidence, collaboration, documentation and reflective practice.
- 09 Practical case studies and examples**  
Apply concepts to realistic situations and strengthen professional reasoning.

## Course format

Approximately 20 hours of learning delivered across 12 weeks, with a new structured lesson released each week.

Coursework is accessed through Wix Learning. Live online classes and Community of Practice sessions are delivered through Zoom.

# Choose your support level

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| <p><b>OPTION 1</b></p> <p><b>Course only</b></p> <p><b>\$450</b></p> <ul style="list-style-type: none"> <li>• 12 weeks of structured course content</li> <li>• A new lesson released each week</li> <li>• Approximately 20 hours of learning</li> <li>• Practical templates, resources and learning activities</li> <li>• Weekly live Community of Practice sessions</li> <li>• 12 months access to course materials</li> <li>• Certificate of Completion</li> </ul> | <p><b>OPTION 2</b></p> <p><b>Course + weekly supervision</b></p> <p><b>\$1,350</b></p> <p>Everything included in Option 1, plus:</p> <ul style="list-style-type: none"> <li>• 12 x 30-minute individual supervision sessions</li> <li>• Personalised feedback and professional guidance</li> <li>• Review of your learning and its application</li> <li>• Support to strengthen confidence and developing competence</li> <li>• Supervision sessions scheduled at mutually suitable times</li> </ul> |
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## Weekly learning and connection

The live Community of Practice runs on Tuesdays from 6:00 pm to 7:00 pm AEST. It provides space to discuss course concepts, ask questions, reflect on practice and learn alongside other emerging practitioners.

If you choose weekly supervision, your individual sessions provide dedicated time to explore your learning, professional development and application to practice.

### September intake

The next 12-week intake commences on 1 September 2026. Places are limited to protect the quality of support and individual attention.

# Portfolio support and your facilitator

## Portfolio and endorsement support

**Available separately from \$150**

For practitioners preparing evidence for endorsement, sign-off or movement through the NDIS capability framework.

- Portfolio Development Guide
- Initial review and written feedback
- One 60-minute consultation
- Support to address amendments
- Final review and endorsement decision

## Your facilitator

Meg Hughes is the founder of ConnectFirst™, a Specialist Behaviour Support Practitioner, registered teacher, clinical supervisor and educator with more than 25 years of experience.

She brings experience across education, disability, behaviour support and practitioner development. She holds a postgraduate qualification in Early Learning and is completing a Master of Autism.

Training is grounded in relationships, safety, regulation, communication, environment and quality of life.

## Important information

- Participation in or completion of the course does not guarantee practitioner suitability, endorsement or acceptance by the NDIS Quality and Safeguards Commission.
- Course completion alone does not constitute endorsement. Additional portfolio review, evidence or individual supervision may be required.
- The NDIS Commission makes decisions about practitioner suitability and status. ConnectFirst™ cannot guarantee an application outcome.
- Enrolment is confirmed and course access is activated after payment has been received or an approved payment arrangement is in place.
- Where an agreed payment is overdue, access may be paused until the account is brought up to date.
- No refund is provided for change of mind. Your rights under Australian Consumer Law continue to apply.

## READY TO BEGIN?

**Secure your place in the 1 September intake.**

**[www.connectfirst.com.au](http://www.connectfirst.com.au) | [support@connectfirst.com.au](mailto:support@connectfirst.com.au) | 1800 246 808**

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